

Flash Quotes

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Efekemo OKORO (GBR)

400m Hurdles Men - Winner 49.34 PB

I expected to run a PB here because I was confident before the race and my coach had also told me that it was possible. This is my first race in front of a crowd again, at least at such a magnitude and it helped a lot. It is great to end the season on such a high, it will give me a lot of motivation for the Commonwealth Games next year. I have one more race left in Spain. The track here is soooo fast, I felt it, it is so responsive.

09/09/2021 18:35

Julien BONVIN (SUI)

400m Hurdles Men - Siebter 51.10

Es war ein hartes Rennen für mich. Ich lief ab der vierten Hürde den falschen Rhythmus. Aber es ist Ende der Saison, meine Form ist nicht mehr spitze. Ich genoss das Ambiente, die Stimmung. Es war wichtig, am Ende einer langen Saison ein solches Erlebnis zu haben, es tat sehr gut. Ich bin zufrieden.

09/09/2021 18:39

Mattia TAJANA (SUI)

400m Hurdles Men - Achter 51.69

Ich fühlte mich nicht sehr gut während des Rennens, nur davor. Ich weiss nicht, woran es heute gelegen hat. Aber ich konnte es trotzdem geniessen, hier zu laufen. Es ist das beste Meeting auf der Welt, ich bin glücklich, dass ich dabei sein durfte. Aber auch enttäuscht von der Zeit.

09/09/2021 18:43

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Flash Quotes

Amalie IUEL (NOR)

400m Women - 51.64 NR, PB

Honestly, I wanted to get a couple more races in - probably the 400m hurdles - but they didn't have any 400 hurdles in the pre-events here, so I was like how do I ran a 400, I haven't done in a while. It was fun! It was good to come out, and run a national record. At first, I was relaxed about this race, but when I was in the call room, I was like how do I ran the 400, it's not like the step pattern you do in the hurdles. I needed to step out of that, and forget the hurdles. There is nothing you need to go over, nothing in your way, so you just need to run. I managed to do alright, I am happy with it. I didn't realise I was running for a NR time until I crossed the finished line, and I saw how close I was to the girl who finished second. I knew that had to be a NR even if I didn't win.

09/09/2021 18:50

Dany BRAND (SUI)

400m Hurdles Men - Vierter 50.48

Ich würde mal soweit gehen, dass es rhythmismässig das schlechteste Rennen meiner Karriere war; für das ist die Zeit phänomenal. Ich fühlte mich bereit, ich bin es auch. Mit der gelaufenen Zeit kann ich nicht zufrieden sein. Es repräsentiert überhaupt nicht, was ich zurzeit kann. Es ist sehr schade, dass es nicht besser herausgekommen ist. Ich erwischte die Hürden zu Beginn nicht so, wie ich wollte. Danach wusste ich schlicht nicht, wie ich weiterlaufen sollte. Erst auf den letzten hundert Metern kam ich wieder in den Rhythmus. Ich wusste, dass ich um den Sieg mitlaufen kann. Schade, hat es nicht geklappt.

09/09/2021 18:56

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Flash Quotes

Silke LEMMENS (SUI)

400m Women - Fünfte 52.98

Ich genoss es enorm, zum ersten Mal vor dieser Kulisse zu laufen. Etwas nervös war ich. Ich erhielt eine sehr gute Bahn zugeteilt, vor und nach mir starteten schnelle Läuferinnen. Ich wusste aber, dass ich mich nicht ablenken lassen durfte und mein Rennen laufen muss. Mir ist es gelungen, auch wenn die Zeit enorm gut ist.

09/09/2021 19:02

Yasmin GIGER (SUI)

400m Women - Siebte 53.03 SB

Ich genoss es sehr, mit Trainingskolleginnen laufen zu können, hier in Zürich, vor dieser Kulisse. Ich wäre gerne noch etwas schneller oder gar eine persönliche Bestleistung gelaufen. Aber so ist es nun, ich gehe heute trotzdem zufrieden ins Bett. Und müde.

09/09/2021 19:05

Manuela SCHÄR (SUI)

3000m W/M Wheelchair pursuit - Zweite 5:59.66

Es war surreal. Ich kehrte am Montag aus Tokio zurück, wo wir grossartige Wettkämpfe erleben durften - aber in leeren Stadien. Und jetzt sind wir hier, eine riesige Stimmung im Letzigrund. Ich war es mir nicht mehr gewohnt. Ich war schon etwas nervös heute. Weltklasse Zürich ist eine super Plattform, um unseren Sport zu präsentieren, und dann will man natürlich abliefern. Ich konnte auch abliefern, ich fühlte mich gut auf der Bahn. Ich war nach meiner Rückkehr bald wieder im Rhythmus, schlief gut - bis heute. Am Nachmittag war ich müde und etwas ausgelaugt. Aber der Körper weiss, was zu tun ist, wenn der Startschuss fällt. Ich bin froh, ist es heute so gelaufen.

09/09/2021 19:15

Flash Quotes

Michael CHERRY (USA)

400m Men - Winner 44.41

It was a little bit hard race, a battle with Kirani and I wanted to make sure to come out with the victory today. Coming from the Olympics, I was very disappointed so I came out there and made a PR in Brussels. I told myself when I come out next time I want to take a win. The Olympic Games gave me a lot of experience and also a confidence that I can fight with the best in the world so I am sure I can get even better next season. It feels good to beat Kirani. He beat me at the Olympics, I grew out of Kirani James, so watching him in a battle with me, I am glad I came out of it well. Now, I am done with the competitions. Just need the relax.

09/09/2021 19:37

Norah JERUTO (KEN)

3000m Steeplechase Women - Winner 9:07.33

I am feeling sooo good, I am very happy today because of the race, it is my first Diamond League Trophy. When I started I felt strong because I was well prepared. But I feared the Ethiopians. At the last hurdle I felt my body move, so strong, so I tried, I kicked and it worked. It is a surprise, but I was also well prepared. My family and my manager told me before the race "Go and bring the trophy home." I want to thank my family, my manager and my coach. I missed the Olympics because I changed nationality, I will run for Kasachstan, so there were some issues. Today it felt really great to run in front of so many people again.

09/09/2021 19:51

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Flash Quotes

Quanera HAYES (USA)

400m Women - 49.88

I am such a sucker for kids, and all the kids wanted autographs, so I honestly couldn't say no because I love kids. Just to see them happy, and to see them smile - although I was really tired, it was really worth it. It's like a night and day difference here compared to Tokyo, then coming here and having this crowd, and hear everyone cheer. It really is like a night and day difference. It's amazing, truly amazing. I really was not expecting to run this fast. I was just praying to God I would come here and just run - didn't expect any kind of time. I'm glad I was able to give it to the crowd, and go after it.

09/09/2021 20:07

Daniel STÅHL (SWE)

Discus Throw Men - Winner 66.49

I am very happy I won today. It is not such a good result, but the most important thing was to win. This is an amazing night. I like this meeting very much and I like Switzerland a lot. I tried too much tonight, so my technique and my moves were very short. My first attempt was good, but I hit five attempts very bad, but I did not change anything. The result is bad, but all that counts is the trophy. I still have a few more meetings.

09/09/2021 20:11

Tobi AMUSAN (NGR)

100m Hurdles Women - 12.42 AR, PB

It's great, it is a great feeling. Looking back, I did not win a medal at the Olympics. It was a very challenging time for me afterwards, but I never gave up, and I came out here and I was like... if I did not get a medal in Tokyo, the least I can do is to get a Diamond League Trophy - and I just did that! The hurdles is a very mental event, and my coach is always telling me I need to focus on myself and execute. Once you execute, you don't have a problem going over the hurdles. I'm glad I came out with a win. I have one more meeting in Zagreb, and I can go take the season off. I am really looking forward to it.

09/09/2021 20:15

Flash Quotes

Anzhelika SIDOROVA (ANA)

Pole Vault Women - Winner 5.01 DLR, PB

I think this is really the right place to jump high. But coming to the stadium, I did not feel like it was coming today. I think we are all a bit tired already after a long season and in the warm up I did not feel 100 percent ready for a jump over 5m. I just wanted to do some jumps and did not think of a perfect technique and perfect conditions. I still cannot believe I got the 5 m barrier today. I really like jumping here because I have become an European champion here and also jumped here many times after, and now I am coming home with my first Diamond League Trophy. It is a great stadium, great track, great spectators and I am so happy I can share this moment with so many people in the stands. I am happy I can do this sport for them, for my coach, for my family. It is a great day. I will jump on Saturday in Innsbruck - one more competition and then finally vacation.

The Trophy is very beautiful and important for me especially after Olympics. Now I can go for vacation with a good feeling. I just need some time to understand what I did today.

09/09/2021 20:16

Valarie ALLMAN (USA)

Discus Throw Women - 69.20m

I definitely reacted when Sandra PERKOVIC threw a distance close to my first throw. Women's Discus right now is so intense and competitive, and this is pushing all of us to put up good competitive results. Sandra [PERKOVIC] is so talented, and has been dominating for years - I know she is capable of throwing big throws everytime she is out there. Seeing her doing well really pushed me to want to be able to put out a good throw as well. You know what, it is easier to focus on other people, but the truth for me is I need to focus on the plan my coach set up for me. There are a few things I need to accomplish technically, but we just try to focus on our own goals. I feel so lucky and thankful for having stood out today. Having the World Championships in Eugene next year is absolutely special. My family is so important to me, and Tokyo was so special to win but not have them there was quite challenging. The idea of representing your country, and to be able to do it in front of your family is something that is going to be so special for a long time. I am very proud of my family, they already bought some tickets, I just need to get mine to be there.

09/09/2021 20:20

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Flash Quotes

Sifan HASSAN (NED)

1500m Women - Second 3:58.55

Faith Kipyegon, she is really one of the greatest athletes. Today was my last race and I wanted to give everything. And I did that and I am happy about it. After Tokyo I took a break and it was hard to get back mentally and physically. It was difficult. This year I struggled with my training, I could not go to the US. Next year, I will train my speed and I will be amazing.

09/09/2021 20:25

Finley GAIO (SUI)

110m Hurdles Men - Sechster 13.72

Ich erfuhr erst heute Morgen, dass ich hier laufen darf. Schade natürlich für Simon Ehammer, dessen Platz ich geerbt habe. Er hat sich verletzt. Für mich ist es ein riesiges Privileg, gerade als Zehnkämpfer. Ich war unglaublich nervös, vor allem, weil die Vorbereitung nicht top war. Mir fehlte heute etwas die Spritigkeit. Noch gestern absolvierte ich ein langes Training, für mich stehen Ende September noch die Schweizer Meisterschaften im Zehnkampf an. Deshalb war die Zeit wohl auch nicht top, aber den Umständen entsprechend bin ich sehr zufrieden.

09/09/2021 20:28

Faith KIPYEGON (KEN)

1500m Women - Winner 3:58.33

I knew it would be a tactical race today. It was really my plan to win today. We gave the leading girl a big gap. I was controlling the pace in front. I was confident that in the last lap I could do better and it worked. This is my second Diamond League Trophy and my first as a mother. My family is watching tonight from home. I started my season well and I finished it well, I won almost all my competitions, especially the Olympic final. I am so grateful. The atmosphere was wonderful, we are so grateful to run in front of a crowd after last year.

09/09/2021 20:31

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Flash Quotes

Jason JOSEPH (SUI)

110m Hurdles Men - False start

Ich freute mich enorm auf dieses Rennen, aber heute fehlten mir wohl die Nerven. Ich war im Startblock, wollte unbedingt raus... Ich hatte wohl zu viele Gedanken im Kopf. Es tut enorm weh, diese Stimmung zu erleben und dass ich die Fans nun enttäuschen musste. Ich hätte für die Schweiz wirklich was Tolles machen können heute. Aber das gehört nun dazu, ich habe in dieser Saison sehr viele Erfahrungen sammeln können, und muss nun schauen, dass mir das im nächsten Jahr nicht mehr passiert. Mit EM und WM will ich das gut machen, was in diesem Jahr nicht gut lief.

09/09/2021 20:32

Ricky PETRUCCIANI (SUI)

400m Men - Siebter, 46.38

Ich merke, dass ich langsam müde werde. Es ist eine sehr lange Saison gewesen. Dennoch konnte ich den Lauf heute sehr geniessen, das erste Mal hier in Zürich, es war ein super Erlebnis. Mit der gelaufenen Zeit bin ich nicht zufrieden, ich dachte schon, unter 46 Sekunden bleiben zu können. Ich laufe jetzt noch in Bellinzona, und dann freue ich mich auf die Ferien.

09/09/2021 20:37

Elaine THOMPSON-HERAH (JAM)

100m Women - Winner 10.65 MR

It has been a crazy season, a long one and a tiring one. I was so consistent because I was just keeping the faith in me and did not allow any negativity. I am really happy and grateful. I am tired now but this is my job. I would describe this season with one word: amazing, yet it had ups and downs. I have to give God thanks that I am healthy and that I could finish such a long season. The audience was very warm and cheerful, I wished we had so many people to cheer in Tokyo on the finish line. This year, it was a long season with ups and downs, but next year, the world record is definitely on my mind.

09/09/2021 20:43

Flash Quotes

Timothy CHERUIYOT (KEN)

1500m Men - 3:31.37

That was good but a very tight race. I knew the standard was strong here, and I am happy. I was having many challenges in Tokyo, so now I am getting better. My armstring is getting better and I am prepared for next season. My goal is that I know I need to defend my World title at next year's championships. That is my target now, but I need to work out because I know Jakob INGEBRIGTSEN is going to continue to get better.

09/09/2021 20:45

Jakob INGEBRIGTSEN (NOR)

1500m Men - Second 3:31.45

It is what it is. I am really happy with what I did in Tokyo. It is tough to go into races afterwards. So I am just happy to be done with this season and looking forward to the World Championships next year. Right now, the most important thing is that we have each other is this race. We fight in every race. Without this, we would not run that fast. So I hope we can do the same thing next year and it will be so competitive. I am just hoping to keep on working towards next year.

09/09/2021 20:49

Pedro PICHARDO (POR)

Triple Jump Men - 17.70m

I feel it was a good competition here tonight. At the beginning, I felt it was a little cold, and I wasn't feeling warm enough in my legs but eventually I warmed up, and a good jump came out. The atmosphere here is great, and everytime we have a crowd like this in the stadium, this really has an impact on us athletes - it is very important for us, and all I can do is to thank the crowd for all the support they gave me. I still don't consider myself a king in Setubal (Portugal), but I am very happy there. It is my home town right now, and I feel very pleased with the way I was welcomed down there. From the moment I arrived in Portugal, I felt the support - there was some misunderstanding between the clubs at first, but not a major issue. I am going to have a few days off now, and then I will start preparing next season. Let's see what happens then.

09/09/2021 20:49

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Flash Quotes

Ditaji KAMBUNDJI (SUI)

100m Hurdles Women - Achte, 13.01

Auch wenn es knapp keine Zwölferzeit gegeben hat, bin ich mit der Leistung und der Zeit zufrieden. Ich habe mich auf der Bahn auch sehr gut gefühlt, kam gut weg. Einmal blieb ich kurz an einer Hürde hängen, das brachte mich aber nicht aus dem Konzept. Es war komisch heute, bisher kannte ich grosse Stadien eigentlich nur mit leeren Sitzen. Deshalb genoss ich den Abend umso mehr.

09/09/2021 20:56

Yulimar ROJAS (VEN)

Triple Jump Women - 15.48m MR

In all honesty, I feel I have always demonstrated that I can be a queen - I can lift myself up, regardless of the circumstances, and today was not an exception. I was able to take the Diamond League Trophy, and I am very pleased to have the chance of being here and to show dreams do come true. It is important to enjoy the moment as much as possible, and if in the end I can accomplish what I came here for, even better. I believe I still have a lot more to give, but our goal is to make good progression year after year, celebrating every single achievement. This year I was able to throw 15 metres fairly easily, and I hope next year I am in an even better shape, and to continue to enjoy being out here on the field. I love the crowd, and to see the stadium this full. For us athletes, this support makes it worth investing in sport because of the huge impact this can have. When you see a full stadium and this level of Athletics, I just hope we will be able to have more moments like this going into next year.

09/09/2021 20:56

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Flash Quotes

Silvan WICKI (SUI)

100m Men - Achter, 10.25

10.25 sind eine solide Zeit. Seit den Schweizer Meisterschaften konnte ich regelmässig in diesen Bereich laufen. Ich wollte heute unter 10.20 laufen, ich merkte, ich hätte es in den Beinen gehabt. Aber dass ich gegen Ende einer schwierigen Saison noch eine solche Konstanz aufbauen kann, freut mich sehr. Es war allgemein ein sauberer Lauf, ich konnte auch das umsetzen, was ich mir technisch vorgenommen hatte. Dazu die Zuschauer hier, es pusht richtiggehend im Startpflock, wenn man die Energie der Zuschauer spürt. Speziell hier in Zürich.

09/09/2021 21:02

Ajla DEL PONTE (SUI)

100m Women - Dritte 10.93

Es war sehr sehr speziell, hier vor diesem super Publikum zu laufen. Und es fühlt sich enorm gut an, nochmals ein Rennen unter elf Sekunden beendet zu haben. Es half auch, dass es ein enges Rennen war aus ausgeglichenem Niveau. Es war ein schnelles Rennen auf einer schnellen Bahn. Allgemein hatte ich in dieser Saison sehr viel Spass. Nun freue ich mich darauf, am Dienstag zu Hause in Bellinzona laufen zu dürfen, und dann ziehe ich Bilanz. Ich kann aber sicher sagen, dass ich vor allem gegen Ende Saison sehr konstant laufen konnte. Ich konnte mich gerade am Start nochmals verbessern, und auch danach habe ich das Gefühl gefunden, wie ich laufen muss, um schnell zu sein. Und wenn man dieses Gefühl hat, ist man auch konstant.

09/09/2021 21:05

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Flash Quotes

Devon ALLEN (USA)

110m Hurdles Men - Winner 13.06 SB

I feel good, I feel fast. Yes, I was a bit disappointed for the Olympic Games but I had to get up and make up for the next competitions. So it is great. The atmosphere at the stadium is amazing - you can hear it. It has been so long since we had so many fans so it is pretty cool. The kids here were great, they were asking for my autographs - I was a kid 10, 15 years ago too, so I remember doing the same things. One of these kids will try to beat me one day, you know. So it is OK.

Honestly, when I start pretty well, I finish well. I was kind of trying to keep it clean and hopefully I can break the 13 seconds in the next races and that would be a good sign for the next year. To be honest, this has been my best season ever. I was most consistent, close to the PB so it was pretty good and I am so thankful to my college coach.

I still have two more competitions - Berlin and Zagreb. After that, I am just going to relax and try to see my girlfriend, she is kind of stuck in Australia so we will see if we are going to make that work. It has been a long season and I had some injuries last year so it was kind of rehabing from September to September and I need also a mental break.

09/09/2021 21:06

Benjamin KIGEN (KEN)

3000m Steeplechase Men - Winner 8:17.45

It was my wish to win today. I am very happy now. Today was not a matter of time, but it was a matter of winning. This season was good for me except for the Olympics. My plans for the off-season are to have a break for one or two months and then to start training again. I am grateful, I was not expecting to win because I know my fellow teammates. All is due to God. I was comfortable all the time during the race. The pace was good for me and in the last lap I felt that I was still strong. On the home straight I felt Soufiane coming strong behind me, but I struggled and I fought. Normally I am not so strong on the last 100m, but I made it. Racing is not like football, it is not about revenge. It is all about focussing. This is my second time in Zurich and I want to thank the organisers for having me.

09/09/2021 21:14

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Flash Quotes

Emmanuel Kipkurui KORIR (KEN)

800m Men - Winner 1:44.56

I am thankful for tonight. I really appreciate this Diamond League Trophy and I always have to say big thank you to my coach who is taking care of us. I think it was tough today. But I managed to follow my strategy, tried to push it in the end and now I have this Trophy and I am very glad. It takes a lot of perseverance and determination, training, hard work so it is great to take the second Trophy. The whole season was tough but I am looking forward to the next season. I have been to many events but to be honest, I can say Olympics were the best performance for me. It was tough but I liked Tokyo. When it comes to the Diamond League, of course I like it too and I run every time I can come, every Diamond League. I am also planning to run the indoor season and want to get ready for the World Championships next year.

09/09/2021 21:27

Keely HODGKINSON (GBR)

1:57.98

[About taking the Diamond League Trophy at such young age] I don't really think about my age to be honest. My aim here today was to win, and it was not going to be easy with a field which is very strong - you have Natoya GOULE, Jemma REEKIE, and all the other girls are very strong, so I just wanted to make sure I gave it my all. It was my last race, so I think I did that, and to come home with a win, it's the icing on the cake really. [Looking back at the European Championships two years ago] I look back at seventeen year old me, and it feels like a lifetime ago. Obviously, there has been a lot of challenges with the COVID pandemic, and I feel everyone had their own struggles, so I have just been taking it step by step and, hopefully, I have a long time ahead of me, so who knows. Now, I am going home, and I am going straight on a plane [to Greece], and I am not going home for ten days. I don't want to see a track for those ten days, and I am leaving my running shoes at home.

09/09/2021 21:28

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Flash Quotes

Lore HOFFMANN (SUI)

800m Women - Achte 2:00.25

Ich nahm mir vor, unter zwei Minuten zu laufen. Es hat nicht geklappt, aber dies kann passieren. Bis 100 Meter vor dem Ziel war ich mit den anderen Läuferinnen mit dabei, dann musste ich abreißen lassen. Ich will dies mit dem Trainer analysieren, was genau passiert ist, bevor ich Bilanz ziehe über das heutige Rennen. Toll war es natürlich, vor so vielen Zuschauern laufen zu können. Man muss dies geniessen, und ich konnte es geniessen.

09/09/2021 21:36

Femke BOL (NED)

400m Hurdles Women - Winner 52.80 MR

I am really happy. Before the race I made a plan with my coach to get a good time and win with the MR and I got both. On the last 100m I was full of lactic acid, I had to push so hard. I wanted to win so badly, I heard the crowd cheer. It gave me so much energy, also when they cheered for Lea Sprunger, my training partner. It is great to run such a time this late in the season. It is amazing - I won all the Diamond League meetings and I won here. My season is really a dream! Everything I could dream about came true this season. I will go on holiday for three weeks in Sardegna, then I will have another week off before restarting the training. This is a wonderful and crazy atmosphere.

09/09/2021 21:47

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Flash Quotes

Alison dos SANTOS (BRA)

47.81

I am very happy for having the chance to compete at the Diamond League Final, and to be able to perform at this level, side by side with these other guys - I am very happy and proud of myself. [Being the only brazilian athlete in this final] Just like at the Olympic Games, tonight I represent a lot more than myself, or Adidas. I also represent a whole nation, a whole group of people who have all the faith in me, so I can't let them down. I want to tell everyone back home that just like I was able to be here today, if you compromise, have faith in yourself, and work hard, you too can achieve what you want.

09/09/2021 21:49

Simon WIELAND (SUI)

Javelin Throw Men - Sechster 78.11 SB

Es war der Wahnsinn heute. Die Stimmung heute, hier werfen zu dürfen, das ist genial. Und das der Wettkampf auch noch gut lief, macht den Abend noch viel besser. Ich spürte die Energie und konnte diese in die Würfe bringen. Vor zwei Jahren durfte ich das schon einmal erleben. Jetzt wusste ich, wie alles abläuft, und deshalb war ich auch nicht speziell nervös. Ich freue mich aber enorm darauf. Nun absolviere ich noch einen Wettkampf in Kenia, dann ist endlich Ferien angesagt. Es war eine lange Saison mit ein, zwei Verletzungen. Umso schöner, dass es heute so gut lief.

09/09/2021 21:55

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Flash Quotes

Christin HUSSONG (GER)

Javelin Throw Women - Winner 65.26

I am happy about all three of them - the Diamond League Trophy, the 30.000 US Dollars and the wildcard for the next world championships. I guess, this is the best season of my carrer, except for the Olympic competitions. But I found my inner peace again, not only last week when I threw 66m. I simply showed everybody what I am capable of. Well, today, this is a great finish for the season. And the audience here - this is why we do all this - the honorary lap and the cheering. I will have a break of six weeks and I am looking forward to that so much. Simply turn everything off, not think about sports, this is so important for the mind. Now I am really part of the best of the world, I am on top.

09/09/2021 22:04

Christin HUSSONG (GER)

Javelin Throw Women - Siegerin 65.26

Ich freue mich über alles gleichermaßen - die Diamond League Trophy, die 30.000 Dollar und die Wildcard. Das ist eigentlich die beste Saison meiner Karriere, bis auf Olympia. Ich habe seither meinen inneren Frieden wiedergefunden, nicht erst seit letzter Woche, wo ich 66m geworfen habe. Ich habe allen gezeigt, was ich drauf habe. Das heute ist nun ein super Ende meiner Saison. Genau deshalb machen wir das alles - für die Ehrenrunde und den Jubel. Bald habe ich nun sechs Wochen Pause und ich freue mich wahnsinnig drauf. Einfach abschalten, das ist für den Kopf unglaublich wichtig. Nun gehöre ich zur Weltspitze, ganz nach voren.

09/09/2021 22:04

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Flash Quotes

Karsten WARHOLM (NOR)

400m Hurdles Men - 47.35

I had a plan, and my plan was to go very very hard the first eight hurdles, and after that, I was just going to tight it all. That was the important thing, to get the win - and to be able to do it was a big achievement for me - I think! I have few more small meets, and Nationals and those things, but this was my last one which was really important to win, and I am very happy to win it. I just want to go back to training - that's what I love to do, and what I got to do, but it's also going to be very nice to have a break from competition.

09/09/2021 22:07

Kenneth BEDNAREK (USA)

19.70

The first thing on my mind this year was the Olympics, and after that, the Diamond League. In the beginning of the season, I set certain goals - I wanted to get the Diamond League Trophy and I wanted to get the gold medal, but I had to settle with the silver. This season has been pretty good for me. Technically, it's been my first year, because I signed in 2019 but got injured, and then we had COVID year in 2020, so this is my first official season. Year one, I did a lot of crazy stuff, and I am going to build off of it neyt year for Worlds. It's been a really amazing season, I was consistent in the 200 [metres], and I get to win the the Diamond League Trophy and be a Diamond League Champion. This was what I expected for this Diamond League Final. I knew I had to execute it, and to maintain the lead - and that's what I did, and what I got. This is what I wanted to do, and this season is done after this this. I am taking a break, and going to Hawaii with my girlfriend, so I will come back strong next year, and get ready for Worlds. Honestly, my goal is to win gold at the World Championships back home, and set a personal best - I wan to run 19.40 next year.

09/09/2021 22:11

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Flash Quotes

Johannes VETTER (GER)

Javelin Throw Men - Sieger 89.11

Ich bin doch ganz zufrieden. Ich wusste, dass ich das noch drauf hatte. Die 89m sind eine tolle Weite. Ich hätte gerne heute noch die 90m gemacht. Ich hätte den letzten Wurf weglassen sollen, der tat weh im Körper, aber man macht das halt für das Publikum. Die Leute hier machen immer super mit, das macht immer Spaß. Und das Gleiche werde ich wieder beim Istaf am Sonntag haben. Was das Wichtigste heute für mich war - Diamond League Trophy, die 30.000 Dollar oder die Wildcard? Ja, das Wichtigste wäre die Goldmedaille bei Olympia gewesen. Aber die wurde mir verwehrt aufgrund der Umstände, das ist bitter. Ich habe dieses Jahr ausser bei Olympia eigentlich jeden Wettkampf gewonnen (bis auf Final Three). Darauf bin ich stolz, denn ich bin konstant dran geblieben. Der Fahrplan für 2022 steht. Ich habe nun auch den Bezug zu den Herstellern der Beläge gefunden. Keiner kann 95m werfen außer mir, das ist ein Fakt. Ich setze mich dafür ein, dass alle die gleichen Bedingungen haben. Der Belag in Lausanne war gut und ich wußte, dass hier in Zürich der Belag auch von Conica ist, das hat mich zuversichtlich gemacht.

09/09/2021 22:13

Johannes VETTER (GER)

Javelin Throw Men - Winner 89.11

I am really satisfied. I knew that I had this in me. The 89m are a great result. I would have liked to achieve 90m today. But I should not have done the last throw because this one hurt my body. But we do these things for the audience. The fans here are always super, it is always fun here. And it will be the same on Sunday at Istaf in Berlin. What was more important for me today - the Diamond League Trophy, the 30.000 US dollar or the wildcard? Well, the most important would have been to win the gold medal at the Olympic Games. But because of the circumstances I was denied that, that is bitter. This year I won - except for the Olympic final - every competition (not counting the Final Three). I am proud about that, because I showed consistency and kept going. The schedule for 2022 is set. Now I also got in contact with the surface suppliers. Nobody can throw 95m but me, that is a fact. I am fighting for equal conditions for everyone. The surface in Lausanne was good and I knew that the surface here in Zurich was also from Conica, so this made me optimistic.

09/09/2021 22:13

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Flash Quotes

Fred KERLEY (USA)

100m Men - Winner 9.87

I still have got the work to do but I cannot complain. If these guys do well, I need to do well too. Glad to finish this season out strong. Target for the next season - to keep on making history. I won my first Diamond League here, I won my second Diamond League here so I am pleased and happy about Zurich. Now, I have got two more races to finish out the season.

09/09/2021 22:15

Christine MBOMA (NAM)

200m Women - Winner 21.78 AR WU20R

When I crossed the finish line, I did not know that I won. Then I just saw my name and I was like: Wow, I won! This season was quite tough and very busy. I did a lot of races so now, I am feeling a bit tired. I see some supporters here and I know some of them. It is nice to see the stadium packed, I really like it. This Trophy means a lot to me. I am glad I was able to run here and get this victory. But still have some two more competitions in my schedule. About the indoors, I will see how my body responses.

09/09/2021 22:20

Andre De GRASSE (CAN)

200m Men - Second 19.72

It was good, finally we could have run in front of the full crowd, it was a good atmosphere out there. Of course, it is the end of the season, so I am a little bit tired but I am happy for my performances today. I equalled my PB in the 100m so I cannot complain, and at the 200m, I just had no gas. I did not watch the time, I just tried to get out there and I am happy I got the podium performance. Actually, I was already in the final in 2019 but this feels a bit more like a real final because of the crowd and the atmosphere. Zurich have been treating us so well. I really hope to be back next year. This was my greatest season ever. To be an Olympic champion, that is amazing. I want to continue and build on this - I am not going to say next Olympics, but the next World Championships.

09/09/2021 22:25

Flash Quotes

Mujinga KAMBUNDJI (SUI)

200m Women - Vierte 22.27

Zwei so gute Läufe hier in Zürich hinzulegen ist natürlich enorm schön. In Tokio war es gar nicht mehr so speziell, in einem leeren Stadion zu laufen, man war sich schon daran gewöhnt. Umso schöner ist es, wieder vor Zuschauern zu laufen. Die Saison allgemein war sehr erfolgreich, ich war noch nie derart konstant auf diesem Niveau unterwegs. Ich dachte zwar schon und hoffte auch, dass ich noch etwas schneller laufen könnte. Das mir dies nicht gelungen ist, enttäuscht mich zwar ein wenig, aber es bleibt ja noch Zeit für schnellere Zeiten. Entweder nächste Woche in Bellinzona - oder dann im nächsten Jahr.

09/09/2021 22:27

Jakub VADLEJCH (CZE)

Javelin Throw Men - Third 85.22

I think it is great to achieve the podium tonight. I cannot be unsatisfied as the atmosphere was perfect. I want to see the full stadiums also next year and hopefully it will continue. I am very thankful for this season which was like a dream to me. We almost forgot how does it feel to have this fans support in the stands. When you see this, you have to believe it all will be alright. I was watching the competitions yesterday and I really expected something like this also today. Without fans, this sport is impossible to perform. I felt the first attempt was good despite the fact that I already feel tired. This was a nice dot at the end of this season. It has always been tough to beat Vetter but I know it is possible to do it.

09/09/2021 22:32

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Flash Quotes

Lea SPRUNGER (SUI)

400m Hurdles Women - Achte 55.87

Ich wusste heute nicht genau, was passieren wird. Schon vor dem Start hatte ich Tränen in den Augen. Es war deshalb sehr schwierig, mich zu konzentrieren. Und es war schwierig, das letzte Rennen hier in Zürich zu geniessen. Schon nach der ersten Hürde lief alles falsch, bis zum Schluss. Von meiner Leistung bin ich enttäuscht. Ich behalte Zürich jedoch in guter Erinnerung. Mit der Staffel, auch mit meiner Schwester Ellen bin ich an diesem Meeting schon gelaufen.

09/09/2021 22:33

Armand DUPLANTIS (SWE)

Pole Vault Men - Winner 6.06 MR

The main goal today was just to win that Diamond as I have not done it yet. And I am really happy with the way that I jumped. I had some really good jumps. I would have loved to break the record and I really felt like I have it in me this season so I think I am going to look back at the season and I am not going to have too many complaints. The 606 jump felt good. I was so focused that I did not remember much but it gave me the confidence to take a shot at the next one. Anytime I am able to jump 6m, I cannot complain. Mission accomplished.

09/09/2021 22:50

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Flash Quotes

Gianmarco TAMBERI (ITA)

High Jump Men - Winner 2.34

It was an amazing night. The last 20 days were really like I was everywhere - the sponsors, the television, doing many things and I was really scared that I could be very tired for the competition today. But I really wanted to win the diamond because I have never done it. And when I cleared 230, I understood I could jump even more. At the 232, I just said I will jump it for you. Because these were all the inspirational guys. When I did it, I did not want to finish the competition with the miss. So I said just put the diamond under the bar, You will not come back home with three missed jumpes at 234 so I cleared it for everybody and did it for them. I did not have fun competing without fans. High jump is not that funny without the fans. But this was amazing and I would compete even 50 times even if I am tired if we had the crowds like this. Zurich is the best. This year was amazing.

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