



Race analysis
3000m Men

START TIME

20:25

13 JUN 2019

WORLD RECORD	7:20.67	KOMEN Daniel	KEN	Rieti (ITA)	1 SEP 1996
AREA RECORD	7:30.76	SALEM Jamal Bilal	QAT	Doha (QAT)	13 MAY 2005
AREA RECORD	7:26.62	MOURHIT Mohammed	BEL	Monaco (MON)	18 AUG 2000
AREA RECORD	7:29.00	LAGAT Bernard	USA	Rieti (ITA)	29 AUG 2010
AREA RECORD	7:32.19	MOTTRAM Craig	AUS	Athina (GRE)	17 SEP 2006
WORLD LEAD	7:50.70	GASHAHUN Abe	ETH	Rehlingen (GER)	9 JUN 2019
DIAMOND LEAGUE RECORD	7:27.26	ALAMIREW Yenew	ETH	Doha (QAT)	6 MAY 2011
MEETING RECORD	7:27.42	GBRSELASSIE Haile	ETH		9 JUL 1998

Rank	Name	Nat	Result	Time Behind
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100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m
1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m
2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	

1 BAREGA Selemon	ETH		7:32.17	WL PB					
15.6 (4)	31.6 (6)	47.0 (7)	1:02.3 (7)	1:17.5 (6)	1:32.6 (4)	1:48.1 (4)	2:03.6 (4)	2:19.1 (4)	2:34.6 (4)
2:50.2 (3)	3:05.7 (3)	3:21.2 (3)	3:36.6 (3)	3:52.0 (4)	4:07.9 (5)	4:23.4 (5)	4:38.2 (4)	4:53.0 (4)	5:07.6 (3)
5:22.4 (3)	5:37.1 (3)	5:51.8 (3)	6:06.6 (2)	6:21.6 (2)	6:36.4 (2)	6:50.6 (2)	7:04.5 (1)	7:18.8 (1)	
2 CHEPTEGEI Joshua	UGA		7:33.26	1.09 PB					
16.2 (12)	31.4 (4)	46.4 (3)	1:01.6 (3)	1:16.9 (3)	1:32.4 (3)	1:47.9 (3)	2:03.4 (3)	2:18.9 (3)	2:34.4 (3)
2:50.0 (2)	3:05.5 (2)	3:21.0 (2)	3:36.5 (2)	3:51.8 (2)	4:07.7 (3)	4:22.8 (1)	4:37.5 (1)	4:52.1 (1)	5:07.0 (1)
5:21.9 (1)	5:36.6 (1)	5:51.4 (1)	6:06.3 (1)	6:21.4 (1)	6:36.2 (1)	6:50.4 (1)	7:04.8 (2)	7:19.1 (2)	
3 KIMELI Nicholas Kipkorir	KEN		7:34.85	2.68 PB					
16.0 (9)	31.9 (10)	47.1 (8)	1:02.3 (8)	1:17.8 (8)	1:32.8 (5)	1:48.3 (6)	2:03.7 (5)	2:19.3 (5)	2:34.8 (5)
2:50.3 (4)	3:05.9 (4)	3:21.3 (4)	3:36.7 (4)	3:52.0 (3)	4:07.7 (3)	4:23.2 (4)	4:38.0 (3)	4:52.8 (3)	5:07.4 (2)
5:22.2 (2)	5:36.9 (2)	5:51.6 (2)	6:06.7 (3)	6:21.9 (3)	6:36.7 (3)	6:51.3 (3)	7:05.7 (3)	7:20.3 (3)	
4 INGBRIGTSEN Henrik	NOR		7:36.85	4.68 NR PB					
16.1 (11)	32.3 (15)	48.1 (16)	1:03.2 (14)	1:18.6 (14)	1:33.9 (14)	1:49.4 (13)	2:04.8 (12)	2:20.5 (12)	2:35.9 (12)
2:51.4 (10)	3:06.9 (10)	3:22.5 (10)	3:37.7 (11)	3:52.9 (11)	4:08.6 (11)	4:24.3 (11)	4:39.4 (10)	4:54.2 (9)	5:09.5 (9)
5:24.5 (9)	5:39.8 (9)	5:55.0 (9)	6:10.3 (7)	6:25.0 (7)	6:39.4 (6)	6:53.8 (6)	7:08.0 (5)	7:22.3 (4)	
5 BALEW Birhanu	BRN		7:37.37	5.20					
16.4 (13)	32.1 (12)	47.3 (10)	1:02.5 (9)	1:18.0 (10)	1:33.0 (7)	1:48.5 (7)	2:04.0 (7)	2:19.3 (7)	2:35.0 (7)
2:50.5 (6)	3:06.1 (6)	3:21.5 (6)	3:36.9 (6)	3:52.3 (6)	4:08.0 (6)	4:23.6 (6)	4:38.4 (5)	4:53.2 (5)	5:07.8 (4)
5:22.6 (4)	5:37.3 (4)	5:52.1 (4)	6:07.1 (4)	6:22.4 (4)	6:37.6 (4)	6:52.7 (4)	7:07.9 (4)	7:22.7 (5)	
6 McSWEYN Stewart	AUS		7:38.22	6.05					
15.8 (6)	31.9 (11)	47.7 (13)	1:03.0 (13)	1:18.3 (12)	1:33.3 (10)	1:49.1 (10)	2:04.6 (11)	2:19.9 (9)	2:35.5 (9)
2:50.9 (8)	3:06.5 (8)	3:21.9 (8)	3:37.3 (8)	3:52.6 (8)	4:08.3 (8)	4:23.9 (8)	4:38.7 (6)	4:53.4 (6)	5:08.2 (6)
5:23.3 (6)	5:38.4 (6)	5:53.5 (6)	6:08.6 (5)	6:23.8 (5)	6:38.8 (5)	6:53.5 (5)	7:08.4 (6)	7:23.3 (6)	
7 HUNTER Andrew	USA		7:39.85	7.68 PB					
16.0 (7)	32.1 (13)	47.9 (14)	1:03.5 (16)	1:19.0 (16)	1:34.3 (16)	1:49.9 (16)	2:05.6 (16)	2:20.9 (15)	2:36.2 (14)
2:51.8 (13)	3:07.2 (12)	3:22.6 (11)	3:37.7 (10)	3:52.9 (10)	4:08.5 (10)	4:24.2 (10)	4:39.2 (9)	4:54.2 (10)	5:09.3 (8)
5:24.4 (8)	5:39.6 (8)	5:54.9 (7)	6:10.4 (8)	6:25.4 (8)	6:40.6 (8)	6:55.2 (7)	7:10.2 (7)	7:24.9 (7)	





Race analysis
3000m Men

START TIME

20:25

13 JUN 2019

Rank	Name	Nat										Result	Time Behind
		100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m		
		1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m		
		2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m			
8	TRUE Ben	USA										7:40.49	8.32
		15.7 (5)	31.7 (9)	47.5 (11)	1:02.8 (11)	1:18.2 (11)	1:33.5 (12)	1:49.3 (12)	2:04.5 (10)	2:20.3 (11)	2:35.7 (11)		
		2:51.2 (9)	3:06.7 (9)	3:22.2 (9)	3:37.5 (9)	3:52.7 (9)	4:08.4 (9)	4:24.1 (9)	4:39.2 (8)	4:54.0 (8)	5:09.1 (7)		
		5:24.3 (7)	5:39.6 (7)	5:55.0 (8)	6:10.6 (9)	6:25.7 (9)	6:40.9 (9)	6:56.0 (9)	7:11.1 (9)	7:26.0 (8)			
9	KIPLANGAT Davis	KEN										7:42.20	10.03
		16.5 (14)	31.4 (5)	46.8 (6)	1:02.1 (6)	1:17.5 (5)	1:32.8 (6)	1:48.3 (5)	2:03.8 (6)	2:19.3 (6)	2:34.8 (6)		
		2:50.4 (5)	3:05.9 (5)	3:21.5 (5)	3:36.8 (5)	3:52.1 (5)	4:07.5 (2)	4:23.2 (3)	4:38.0 (2)	4:52.8 (2)	5:07.9 (5)		
		5:23.1 (5)	5:38.2 (5)	5:53.3 (5)	6:08.7 (6)	6:24.7 (6)	6:40.2 (7)	6:55.7 (8)	7:11.1 (8)	7:26.5 (9)			
10	BUTCHART Andrew	GBR										7:43.57	11.40
		16.0 (8)	32.2 (14)	47.6 (12)	1:03.0 (12)	1:18.4 (13)	1:33.7 (13)	1:49.6 (14)	2:05.0 (13)	2:20.7 (13)	2:36.1 (13)		
		2:51.6 (11)	3:07.1 (11)	3:22.8 (12)	3:38.0 (12)	3:53.2 (12)	4:08.8 (12)	4:24.8 (13)	4:39.7 (11)	4:54.4 (11)	5:09.6 (10)		
		5:24.8 (10)	5:40.1 (10)	5:55.5 (10)	6:10.9 (10)	6:26.4 (10)	6:42.0 (10)	6:57.3 (10)	7:12.8 (10)	7:28.3 (10)			
11	EDRIS Muktar	ETH										7:45.35	13.18
		16.0 (10)	31.7 (8)	47.3 (9)	1:02.5 (10)	1:17.9 (9)	1:33.3 (11)	1:48.9 (9)	2:04.3 (9)	2:20.1 (10)	2:35.7 (10)		
		2:51.7 (12)	3:07.3 (13)	3:23.1 (14)	3:38.1 (13)	3:53.6 (14)	4:08.8 (13)	4:24.6 (12)	4:40.0 (12)	4:55.4 (13)	5:11.0 (13)		
		5:26.4 (13)	5:41.2 (11)	5:56.8 (11)	6:12.4 (12)	6:28.6 (12)	6:44.7 (12)	7:00.6 (12)	7:16.0 (12)	7:31.4 (12)			
12	RAMSDEN Matthew	AUS										7:45.68	13.51 PB
		16.5 (15)	32.4 (16)	48.0 (15)	1:03.4 (15)	1:18.8 (15)	1:34.0 (15)	1:49.8 (15)	2:05.4 (15)	2:20.8 (14)	2:36.4 (15)		
		2:52.0 (14)	3:07.3 (14)	3:23.0 (13)	3:38.1 (14)	3:53.4 (13)	4:09.0 (14)	4:25.0 (14)	4:40.3 (13)	4:55.2 (12)	5:10.7 (12)		
		5:26.1 (12)	5:41.3 (12)	5:56.9 (12)	6:12.3 (11)	6:28.0 (11)	6:43.9 (11)	6:59.5 (11)	7:15.4 (11)	7:30.9 (11)			
13	MENGESHA Milkesa	ETH										7:49.23	17.06 PB
		15.6 (3)	31.3 (3)	46.7 (5)	1:02.0 (5)	1:17.7 (7)	1:33.2 (9)	1:48.7 (8)	2:04.2 (8)	2:19.8 (8)	2:35.3 (8)		
		2:50.7 (7)	3:06.3 (7)	3:21.8 (7)	3:37.1 (7)	3:52.4 (7)	4:08.2 (7)	4:23.9 (7)	4:38.9 (7)	4:53.9 (7)	5:09.7 (11)		
		5:25.8 (11)	5:41.6 (13)	5:57.5 (13)	6:13.7 (13)	6:30.4 (13)	6:46.3 (13)	7:01.6 (13)	7:17.3 (13)	7:33.4 (13)			
14	TANUI Paul Kipngetich	KEN										7:55.77	23.60
		16.8 (16)	31.7 (7)	46.6 (4)	1:01.9 (4)	1:17.3 (4)	1:33.0 (8)	1:49.3 (11)	2:05.2 (14)	2:21.2 (16)	2:36.6 (16)		
		2:52.4 (15)	3:07.7 (15)	3:23.3 (15)	3:38.8 (15)	3:54.4 (15)	4:09.9 (15)	4:25.6 (15)	4:41.7 (14)	4:57.7 (14)	5:13.9 (14)		
		5:30.3 (14)	5:46.7 (14)	6:03.2 (14)	6:19.8 (14)	6:36.7 (14)	6:53.2 (14)	7:09.0 (14)	7:24.7 (14)	7:40.5 (14)			
	KANGOGO Cornelius	KEN										DNF	
		15.5 (2)	31.0 (2)	46.2 (2)	1:01.4 (2)	1:16.6 (2)	1:32.1 (2)	1:47.6 (2)	2:03.1 (2)	2:18.7 (2)	2:34.3 (2)		
		2:49.8 (1)	3:05.3 (1)	3:20.8 (1)	3:36.4 (1)	3:51.6 (1)	4:07.2 (1)	4:22.9 (2)					
	ROBINSON Paul	IRL										DNF	
		15.3 (1)	30.7 (1)	45.9 (1)	1:01.1 (1)	1:16.4 (1)	1:31.9 (1)	1:47.3 (1)	2:02.7 (1)	2:18.3 (1)	2:33.9 (1)		





Race analysis
3000m Men

START TIME
20:25 **13 JUN 2019**

Rank	Name	Nat								Result	Time Behind
		100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m
		1100m	1200m	1300m	1400m	1500m	1600m	1700m	1800m	1900m	2000m
		2100m	2200m	2300m	2400m	2500m	2600m	2700m	2800m	2900m	
	GEBRHIWET Hagos					ETH					DNS

Weather conditions

Temperature: 16 °C Humidity: 87 % Conditions: Cloudy

Legend
DNF Did Not Finish **DNS** Did Not Start **NR** National Record **PB** Personal Best
WL World Lead

